

Sheryl A. Ross, M.D., “Dr. Sherry”
Biography (Long) - Last Updated: January 2017

Sheryl A. Ross, M.D., “[Dr. Sherry](#),” is an award-winning OBGYN, entrepreneur, women’s health expert and author of the book, [she-ology: The Definitive Guide to Women’s Intimate Health. Period](#). She is also the founder of [Cycl](#), the first of its kind wellness brand for women by women based on her groundbreaking 7 Cycles™ approach that tracks the 7 distinct and individualized cycles women experience in their lives.

Dr. Sherry has been a practicing OB/GYN for 25 years in Santa Monica, California. She received her doctorate in medicine from New York Medical College and completed her OB/GYN residency at the University of Southern California, School of Medicine, where she was honored with two teaching awards as a senior medical resident.

Over the course of her practice, Dr. Sherry has received numerous awards and honors. She received the Patient’s Choice Award for Compassionate Doctor Recognition. She was also selected as a 2017 Southern California Super Doctor and was named a Top Doctor in Obstetrics & Gynecology by Castle Connolly. Dr. Sherry has made TV appearances on Bethenny, Home & Family, Ice & Coco, MTV, Channel 9, 7, 2, and KTLA news medical segments and done webcasts for Kids in the House. She has authored or been cited as an expert in over 1,000 articles, blogs, and features.

In addition to her medical practice, Dr. Sherry sits on the boards of Planned Parenthood, Los Angeles, Beauty Gives Back and Fertile Action. She resides in Los Angeles with her wife and three sons.

Dr. Sherry's mission is to change the narrative of how women talk and learn about their intimate health and overall well-being. She shares her knowledge with others on Twitter [@DrSherylRoss](#), Instagram [@drsherryr](#) and Facebook as [Dr. Sherry](#).