

Sheryl A. Ross, M.D., “Dr. Sherry”
Biography (Short) - Last Updated: January 2017

Sheryl A. Ross, M.D., “[Dr. Sherry](#),” is an award-winning OBGYN, entrepreneur, author and women’s health expert.

Dr. Sherry has been a practicing OB/GYN for 25 years in Santa Monica, California. She received her doctorate in medicine from New York Medical College and completed her OB/GYN residency at the University of Southern California, School of Medicine, where she was honored with two teaching awards as a senior medical resident.

Dr. Sherry is the author of the book, [She-ology: The Definitive Guide to Women’s Intimate Health. Period.](#) She is also the Co-founder of [Cycl](#), the first of its kind wellness brand for women by women based on her ground-breaking 7 Cycles™ approach that tracks the 7 distinct and individualized cycles women experience in their lives.